



THE COLLEGE OF
OPTOMETRISTS

Stage Two

Overarching case scenario 89

51 year old English teacher, drives, hobbies theatre, dance.

Aftercare on soft lenses.

Daily disposable soft lenses fitted 3 years ago; last aftercare 11 months ago but has since relocated so needs new practitioner. DV good with spectacles and lenses. Has been noticing NV not so good with spectacles or contact lenses for last few months, generally reads without spectacles. NV fine without specs or CLs

Comfort good with lenses

No problems with handling.

Compliance good – washes hands before lens insertion and removal, doesn't reuse lenses.

Wearing time 8hrs average, 12 hours max; 6 days per week. Sometimes has to remove lenses during the day if doing a long period of close work such as marking, which is a bit annoying.

Lenses worn 2 hours today

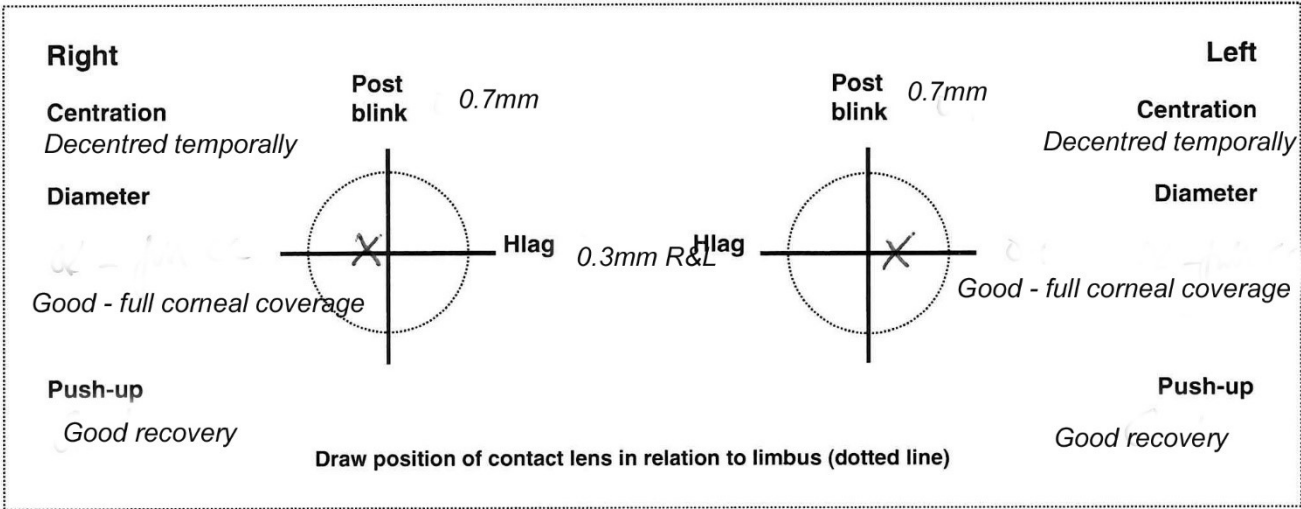
No ocular history

GH good, no meds. No allergies. Non smoker. Last eye exam 12/12 ago, specs updated then.

Spec Rx RE -1.25DS 6/5 N8
 LE -1.00/-0.25x160 6/5 N8
 Add +1.25Ds N5 R & L

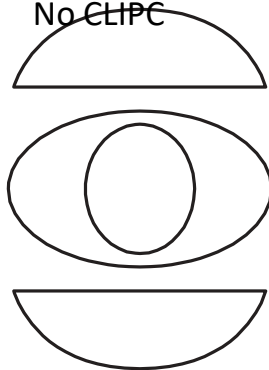
Contact lens specification:
Alcon Dailies Total 1 8.50/14.10 RE -1.25 6/5 N8 Over refraction plano
 LE -1.00 6/5 N8 Over refraction plano

Contact lens fit



External examination

Very mild blepharitis, grade 0.5 MGD
No CLIPC



Grade 0.5 limbal hyperaemia nasally R&L

No corneal staining R or L

tBUT 12 seconds R&L

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No CLIPC

